



HOW TO PREPARE FOR ROPES COURSE

Weather is unpredictable in the mountains. Check the weather and be prepared for anything. Here are some helpful thoughts.

WARM WEATHER

Shirts - comfortable. Synthetic works best, however, cotton will work.

Pants - loose fitting and comfortable. Short shorts might not be comfortable in a harness.

Shoes - hiking boots or tennis shoes. Open toed shoes will not be allowed on the Discovery Course.

COLD WEATHER

Clothing - long pants, and jacket. Layering is a great idea. Wearing thermal underwear for cold days is a great way to stay warm.

Hats & gloves - bring winter hats and gloves

Please Remember:

- Please no cell phones during the program.
- Earrings, rings, or other jewelry are encouraged to remain off during programming.
- The maximum acceptable weight for the Zip Line and Giant Swing is 250 lbs.
- Optional items: backpack, sunglasses, sunscreen, water bottle, or spare clothing.

OUR PROGRAMS RUN RAIN OR SHINE

- Indoor programming space is available if needed due to weather.
- Please bring rain gear if necessary.
- In adverse weather conditions, BRLC will make the final decisions regarding cancellations.

**QUESTIONS? CONTACT US AT info@brlc.org
OR CALL 828-265-5467**